



MAHARISHI PEACE PALACE®

Be inspired • Be enlightened • Be here

Special Interest TM Retreat



Creating an Ideal Society

Friday 1 – Sunday 3 May

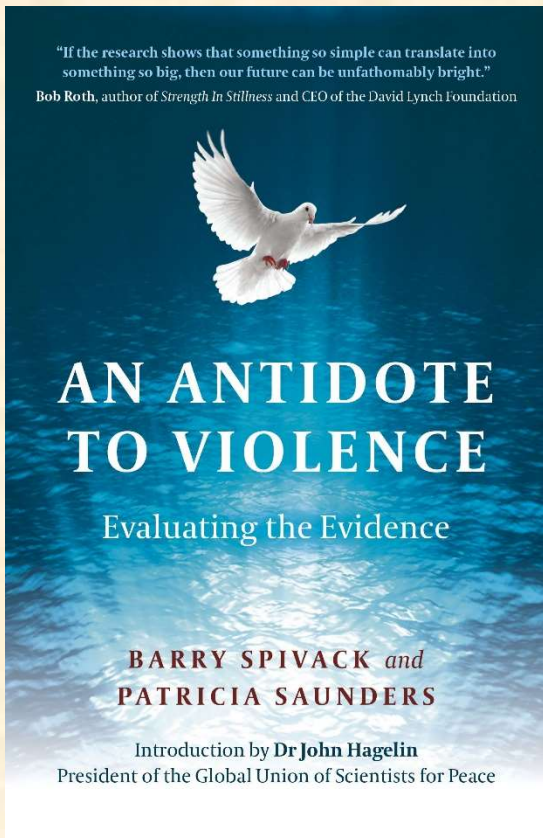
with Barry Spivack

It's widely accepted that Transcendental Meditation creates peace for the individual, but what are the mechanics by which it could create peace in society as a whole?

Course leader Barry Spivack has co-authored a book, *An Antidote to Violence*, on this subject. During the course, he will explain how right from the early 1960s it was always Maharishi's aim to create world peace.



Barry tells the fascinating story of the far reaching effects of Transcendental Meditation on not just our own individual lives, but our society and the world as a whole to completely transform the trends of time. Barry is a lively and fascinating speaker with very special insights.



Weaving together psychology, sociology, philosophy, statistics, politics, physics and meditation, *An Antidote to Violence* provides evidence that we have the knowledge to reduce all kinds of violence in society.

The book has an introduction by Dr John Hagelin and foreword by Bob Roth. It will be available from 26 June 2020.



Everyone attending the weekend retreat will receive a 50% reduction on an advanced autographed copy of the book!

Deepen your experience of Transcendental Meditation with extended practice, enjoy delicious vegetarian meals and comfortable ensuite accommodation.

Call or email for more details of online booking. Course fee: including accommodation and catering: Standard ensuite room single £285, shared p/p £215; Exec room single £325, shared p/p £245
Special £50 scholarship available for all new Meditators within their first year of Transcendental Meditation®

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