



MAHARISHI PEACE PALACE®

Be inspired • Be enlightened • Be here



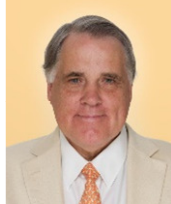

COURSES & EVENTS AT A GLANCE








Come and visit the Maharishi Peace Palace in Rendlesham, Suffolk UK. Constructed according to ‘Maharishi Vastu®’ design – Maharishi Sthapatya Veda – the ancient principles of Vedic Architecture, this superb building has 30 very comfortable ensuite bedrooms, a spacious dining room and multiple meeting rooms. Enjoy one of our restful and enlightening courses or simply visit us and sample the wonderful settled ambience of this venue with a difference! We look forward to seeing you here soon.







‘I’ve travelled around the world and the Maharishi Peace Palace UK has been my most satisfying, most enjoyable, most restful and most welcoming experience. It’s so perfect. Everything about it is comfortable and homey and rejuvenating – everyone was so great. I’m looking forward to coming back!’

Bob Roth, bestselling author, CEO at David Lynch Foundation

		MARCH 2020	
	Friday 6 – Sunday 8 March	TM Retreat	Ged Valente and Mahnaz Soheili
	Friday 27 – Sunday 29 March	Advanced Techniques of TM	Helen Evans, Advanced Techniques teacher
	Friday 27 – Sunday 29 March	TM Retreat	Charles Cunningham
		APRIL 2020	
EASTER TM SPECIAL INTEREST RETREAT:			
	Thursday 9 – Tuesday 14 April (5 days)	EASTER Special Interest TM Retreat ‘Maharishi’s Vedic expressions...’ (Please see website for full title) for longer term Meditators, Sidhas and Governors	Dr Bevan Morris
	Friday 24 – Sunday 26 April 2020 (2 days)	TM Retreat	Patrice Gladwin, who teaches TM in Bristol

		MAY 2020	
	Friday 1 – Sunday 3 May 2020	Special Interest TM Retreat <i>Creating an Ideal Society</i>	Barry Spivack
	Friday 22 – Monday 25 May 2020 (3 days)	MAY BANK HOLIDAY TM Retreat <i>for everyone</i> <i>Maharishi's teaching - where it came from and what it means for us now</i>	Dr Peter Warburton
	Friday 29 May to Friday 5 June (1 week)	Special Interest TM Retreat Total Knowledge and the Great Thinkers and Leaders throughout the Ages	Dr Peter Warburton and Dr Ken Chandler
	Friday 19 – Thursday 25 June (6 days)	Special Interest TM Retreat run in association with Maharishi European Research University (MERU), Netherlands <i>Maharishi Aroma Therapy Foundation course</i>	Dr Nadine Thomas
	Sunday 28 June (arrive afternoon) – Tuesday 30 June (after breakfast)	TM-Sidhi Refresher course for those practising the TM-Sidhi programme	Joe and Breda Hayden, TM-Sidhi Administrators from Ireland
		JULY 2020	
SUMMER COURSE WEEKS 1 & 2	THEME: THE ARTS AND CONSCIOUSNESS	TM RETREATS with a gentle theme...	and wonderful tapes of Maharishi
	WEEK 1 Friday 3 – Friday 10 July Theme: <i>World Art: A Mirror of Consciousness</i>	The greatest art gives glimpses of higher states of consciousness — and thus continues to inspire people throughout time. Enjoy illuminating talks by Maharishi on art, the artist, and creativity	Matthew Beaufort: TM Teacher and Associate Professor of Humanities at Maharishi International (MIU), specialising in Art History
	WEEK 2 Friday 10 – Friday 17 July Theme: <i>Living the artistic value of life</i>	Celebrating the launch of Academy of Arts for Enlightenment – A special course on fulfilment of all the Arts through Maharishi Vedic Science, with guest presentations by leading artists and performers and sublime lectures by Maharishi	Dr Anthony Miles Guest speakers include: Brenda Boozer, a former mezzo-soprano soloist with the Metropolitan Opera and artist Lawrence Sheaff

	Saturday 18– Saturday 25 July (1 week)	SPECIAL INTEREST COURSE for WOMEN run in association with Maharishi European Research University (MERU), Netherlands <i>Vedic Dance workshop</i>	Instructors: Yagyaa Srivastava and Rebecca Busch
		AUGUST 2020	
	Friday 31 July – Friday 14 August (2 weeks)	Invincible Europe Assembly (IEA) for Sidhas and Governors only	Dr Charlotte Bech (tbc)
	Friday 28 - Monday 31 August (3 days)	AUGUST BANK HOLIDAY TM RETREAT	Nigel Grace
		SEPTEMBER 2020	
	Friday 25 – Sunday 27 September 2020	Advanced Techniques of TM	Helen Evans, Advanced Techniques teacher

W: www.peacepalace.org.uk

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More detailed information about each course:

<https://peacepalace.org.uk/tm-retreat-about-dates>



Courses and programmes in the Maharishi Peace Palace® are offered by Maharishi Foundation®, registered educational charity 270157 (England & Wales), including Transcendental Meditation®, Advanced Techniques of Transcendental Meditation®, the TM-Sidhi Programme®, Maharishi® Vedic Vibration Technology, founded by Maharishi Mahesh Yogi®. The Peace Palace is run by Maharishi Education Centre Ltd. (MEC Ltd) who organise Peace Palace bookings. ©Maharishi Foundation 2019.

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