



MAHARISHI PEACE PALACE®

Be inspired • Be enlightened • Be here



COURSES & EVENTS AT A GLANCE




Come and visit the Maharishi Peace Palace in Rendlesham, Suffolk UK. Constructed according to 'Maharishi Vastu®' design – Maharishi Sthapatya Veda – the ancient principles of Vedic Architecture, this superb building has 30 very comfortable ensuite bedrooms, a spacious dining room and multiple meeting rooms. Enjoy one of our restful and enlightening courses or simply visit us and sample the wonderful settled ambience of this venue with a difference! We look forward to seeing you here soon.



The Maharishi Peace Palace is like magic: the best experiences are suddenly available and normal. Staying there is the most worthwhile thing you can do for your evolution." **Dr Peter Swan**



'I've travelled around the world and the Maharishi Peace Palace UK has been my most satisfying, most enjoyable, most restful and most welcoming experience. It's so perfect. Everything about it is comfortable and homey and rejuvenating – everyone was so great. I'm looking forward to coming back!' **Bob Roth, Bestselling Author, CEO at David Lynch Foundation**

	Dates	Course Description	Course Leader
		AUGUST 2019	
	Friday 30 August – Sunday 1 September	Advanced Techniques of TM	Advanced Techniques teacher
		SEPTEMBER	
	Friday 6 – Sunday 8 September	TM, Poetry and the Fullness of Life including a poetry workshop/ TM Retreat	Cliff Yates, famous meditating poet
	Friday 20 – Sunday 22 September	TM Retreat <i>Consciousness, Creativity and Success</i>	Blaise Ashley & Gemma Kauffman

	Monday 23 – Friday 27 September	European Partners' Conference	Education & TM conference Richard Johnson
		OCTOBER	
	Friday 11 – Sunday 13 October	<i>Introduction to Maharishi Ayurveda for meditating Health Professionals</i>	Dr Walter Moelk, Dr Donn Brennan & Richard Johnson
	Friday 18 – Sunday 20 October	TM Retreat <i>Unity Consciousness: TM, DNA and Empathy</i>	Charles Cunningham
	Friday 25 – Sunday 27 October	TM Retreat for Ladies only	Blaise Ashley
		NOVEMBER	
	Friday 15 – Sunday 17 November	TM Retreat	Richard Johnson & Carlos Cervantes
	Friday 29 November – Sunday 1 December	TM Retreat	Brian Davis
		DECEMBER	
	Friday 6 – Friday 13 December (1 week)	Total Knowledge and the Bhagavad Gita	Raja Peter, Dr Vernon Katz and Professor Tom Egenes
	Friday 20 – Friday 27 December (1 week) Tuesday 24 - Sunday 29 December (5 days) Friday 27 December - Friday 3 January (1 week) Monday 30 December - Friday 3 January (4 days)	Christmas and New Year TM Retreats With various options available from 4 days to 2 weeks	Bill Stevens
	Monday 30 December - Monday 13 January 2020 (2 weeks incl 7 days silence)	Invincible Europe Assembly (IEA) for Sidhas and Governors only	Dr Charlotte Bech

		JANUARY 2020	
	Friday 31 Jan – Sunday 2 February	TM Retreat	Nigel Grace
		MARCH 2020	
	Friday 6 – Sunday 8 March 2020	Advanced Techniques of TM	Advanced Techniques teacher
	Friday 20 – Sunday 22 March 2020 (2 days)	TM Retreat	with Patrice Gladwin, who teaches TM in Bristol
	Friday 27 – Sunday 29 March	TM Retreat	with Charles Cunningham and Val Murray
		APRIL 2020	
	Thursday 9 – Tuesday 14 April (5 days)	EASTER Special Interest TM Retreat 'Maharishi's Vedic expressions...' (Please see website for full title) for long term Meditators, Sidhas and Governors	with Dr Bevan Morris
		MAY 2020	
	Friday 1 – Sunday 3 May 2020	Special Interest TM Retreat <i>Creating an Ideal Society</i>	with Barry Spivack
	Thursday 7 – Thursday 14 May 2020 (1 week)	Special Interest TM Retreat Total Knowledge and the Great Thinkers and Leaders throughout the Ages	Dr Peter Warburton and Dr Ken Chandler
		SEPTEMBER 2020	
	Friday 25 – Sunday 27 September 2020	Advanced Techniques of TM	Advanced Techniques teacher

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Courses and programmes in the Maharishi Peace Palace® are offered by Maharishi Foundation®, registered educational charity 270157 (England & Wales), including Transcendental Meditation®, Advanced Techniques of Transcendental Meditation®, the TM-Sidhi Programme®, Maharishi® Vedic Vibration Technology, founded by Maharishi Mahesh Yogi®. The Peace Palace is run by Maharishi Education Centre Ltd. (MEC Ltd) who organise Peace Palace bookings. ©Maharishi Foundation 2019.

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