



MAHARISHI PEACE PALACE®

Be inspired • Be enlightened • Be here



Come and visit the Maharishi Peace Palace in Rendlesham, Suffolk UK. Constructed according to ‘Maharishi Vastu’® design – Maharishi Sthapatya Veda – the ancient principles of Vedic Architecture, this superb building has 30 very comfortable ensuite bedrooms, a spacious dining room and multiple meeting rooms. Enjoy one of our restful and enlightening courses or simply visit us and sample the wonderful settled ambience of this venue with a difference! We look forward to seeing you here soon.








The Maharishi Peace Palace is like magic: the best experiences are suddenly available and normal. Staying there is the most worthwhile thing you can do for your evolution.” **Dr Peter Swan**



‘I’ve travelled around the world and the Maharishi Peace Palace UK has been my most satisfying, most enjoyable, most restful and most welcoming experience. It’s so perfect. Everything about it is comfortable and homey and rejuvenating – everyone was so great. I’m looking forward to coming back!’ **Bob Roth, Bestselling Author, CEO at David Lynch Foundation**

COURSES & EVENTS AT A GLANCE

	Dates	Course Description	Course Leader
		AUGUST 2019	
	Friday 9 - Friday 23 August (2 weeks)	Invincible Europe Assembly (IEA)	Nigel Kahn
	Wednesday 21 August (Day Seminar + optional B&B)	<i>My Ageless Brain</i>	Dr Nancy Lonsdorf
	Friday 23 – Monday 26 August (3 days)	August Bank Holiday TM Retreat	Mark Heath
	Friday 30 August – Sunday 1 September	Advanced Techniques of TM	Advanced Techniques teacher
	Friday 30 August – Sunday 1 September	<i>800 Sidhas Now Workshop for TM Teachers</i>	Paul & Judith Kember

		SEPTEMBER	
	Friday 6 – Sunday 8 September	<i>TM, Poetry and the Fullness of Life</i> including a poetry workshop/ TM Retreat	Morgan Francis & Cliff Yates, famous meditating poets
	Friday 20 – Sunday 22 September	TM Retreat <i>Creativity and Success</i>	Justyna Sobkowicz
	Tuesday 24 – Friday 27 September	European Partners' Conference	Education & TM conference Richard Johnson
	Friday 27 Sept– Thursday 10 Oct	International Raja Refresher Course	
		OCTOBER	
	Friday 11 – Sunday 13 October	<i>Introduction to Maharishi Ayurveda for meditating Health Professionals</i>	Dr Walter Moelk and Dr Donn Brennan
	Friday 18 – Sunday 20 October	TM Retreat <i>Unity Consciousness: TM, DNA and Empathy</i>	Charles Cunningham
	Friday 25 – Sunday 27 October	TM Retreat for Ladies only	Course leader tbc
		NOVEMBER	
	Friday 15 – Sunday 17 November	TM Retreat	Carla Berkers and Carlos Cervantes
	Friday 29 November – Sunday 1 December	TM Retreat	Brian Davis
		DECEMBER	
	Friday 6 – Friday 13 December (1 week)	Total Knowledge and the Bhagavad Gita	Raja Peter, Dr Vernon Katz and Professor Tom Egenes
	Friday 20 – Friday 27 December (1 week) Tuesday 24 - Sunday 29 December (5 days) Friday 27 December - Friday 3 January (1 week) Monday 30 December - Friday 3 January (4 days)	Christmas and New Year TM Retreats With various options available	Bill Stevens
	Monday 30 December - Monday 13 January 2020 (2 weeks incl 7 days silence)	Invincible Europe Assembly (IEA)	Dr Charlotte Bech

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Courses and programmes in the Maharishi Peace Palace® are offered by Maharishi Foundation®, registered educational charity 270157 (England & Wales), including Transcendental Meditation®, Advanced Techniques of Transcendental Meditation®, the TM-Sidhi Programme®, Maharishi® Vedic Vibration Technology, founded by Maharishi Mahesh Yogi®. The Peace Palace is run by Maharishi Education Centre Ltd. (MEC Ltd) who organise Peace Palace bookings. ©Maharishi Foundation 2019.

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