



MAHARISHI PEACE PALACE®

Be inspired • Be enlightened • Be here



Easter TM Retreat 2019

Thursday 18 - Thursday 25 April (1 week)

or

Thursday 18 – Monday 22 April (4 days)

with Patrice Gladwin

who teaches TM in Bristol
and has led many popular courses

TM Retreats are very popular. Once you have learnt Transcendental Meditation it is great to be able to get together with like-minded people to unplug, unwind and recharge your batteries.

Highly enjoyable in themselves with a programme of deep rest, extra TM and interesting meetings, perhaps the greatest benefit is that people notice huge improvements in their day to day life once they get home. These include more focus, creativity and energy plus enjoying the company of friends and family even more than before.

The Maharishi Peace Palace has a settled, soft atmosphere—the ensuite rooms are very comfortable, the organic vegetarian meals are delicious and the early nights are a welcome luxury!

Cost:

7 days full board: standard ensuite room £675 (single) £510 (shared p/p) Executive room £815 (single) £610 (shared p/p)

4 days full board: standard ensuite room £445 (single) £335 (shared p/p) Executive room £525 (single) £395 (shared p/p)

If you would like to talk to someone about your booking or would find it easier to book over the phone call Céline or Margaret on +44 (0) 1394 421 136 or email courses@peacepalace.org.uk and we will send you the online booking link



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